

Ibec Academy CPD Diploma in Occupational Health and Safety

Level: CPD Level 7 NFQ (20 ECTS)

Accredited by Technological University Dublin



Ibec Academy

CPD Diploma in Occupational Health and Safety

Advance your career path in OHS with this applied learning Diploma in OHS. This programme focuses on applying current OHS legislation and guidance in the development of best practice in OHS management and identifying core skills in managing OHS within an organisation.

Ibec are at the forefront of advising Irish businesses on a range of issues, including OHS, and have therefore built up expertise in OHS across a variety of industry sectors thus ensuring this cpd Diploma in Occupational Health & Safety is current, practical and reflects the needs of Irish industry.

This accredited programme with TU Dublin is delivered over a series of 12 full day sessions, spread over 7 months to fit in with a full-time work schedule.

Programme 1

This programme will be run online:

2022: Thu 22 Sep, Thu 6 Oct, Thu 20 Oct, Thu 3 Nov, Thu 17 Nov, Thu 1 Dec

2023: Thu 9 Feb, Thu 23 Feb, Thu 9 Mar, Thu 23 Mar, Thu 6 Apr, Thu 27 Apr

Programme 2

This programme will be run online:

2022: Fri 28 Oct, Fri 11 Nov, Fri 25 Nov, Fri 9 Dec

2023: Fri 13 Jan, Fri 27 Jan, Fri 10 Feb, Fri 24 Feb, Fri 10 Mar, Fri 24 Mar, Fri 14 Apr, Fri 28 Apr

Programme 3

This programme will be run in person and online:

2022: Tue 1 Nov, Tue 15 Nov, Tue 29 Nov, Tue 13 Dec

2023: Tue 17 Jan, Tue 31 Jan, Tue 14 Feb, Tue 28 Feb, Tue 4 Mar, Tue 28 Mar, Tue 18 Apr, Tue 2 May

Why choose Ibec Academy?

Ibec Knows Business

Ibec has an extensive history in the area of business knowledge, industry collaboration and management expertise, all of which informs the programmes we deliver

We know the real issues that employers face every day as we advise and represent companies, ensuring the learning is real and impactful



Applied Relevance

A key focus of all of our development programmes is to ensure the learning is applied and makes a real impact in the workplace

We work hard to ensure the learning is embedded quickly and makes a positive difference



Emergent Thinking & Real Life Examples

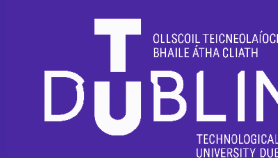
As part of our programme design, real life examples of best practice are shared by our trainers and subject matter experts, many of whom advise and represent companies every day.

We share many of our Ibec reports, surveys, current and emergent thinking in key areas of management across areas of organisational behaviour, employment law, human resources and employee relations

Strategic Partnership with TU Dublin

We offer an accredited award through TU Dublin, which is widely recognised both in Ireland and internationally

Successful graduates of our cpd Diploma in OHS celebrate their achievement at our graduation ceremony, which 2-3 family and friends can also attend



Why choose Ibec Academy?



The programme is delivered by experienced chartered OHS professionals with a wealth of knowledge across a variety of industry sectors delivering up-to-date practical OHS solutions to Irish workplaces

Real case studies and current best practice examples shared throughout the programme



700

700 Diploma in OHS graduates are part of this growing alumni from a range of industry sectors

Guest speaker Dr Patricia Ennis from Technological University Dublin delivers the chemical safety expert module on this programme



Course structure is designed to allow time for the application of the learning and the opportunities to bring real issues to the class for discussion



Develop your own professional network with peers across Irish industry



Unique Selling Points Programme Outcomes

On completion of this programme, participants will be able to

Advise management on OHS related issues relevant to the industry sector

Identify, interpret and advise on key requirements of Irish OHS legislation, codes of practice and published guidance

Carry out OHS risk assessments in collaboration with relevant stake holders

Identify workplace hazards and assess associated potential risks in the workplace

Evaluate the effectiveness of existing risk control measures and identify additional measures to reduce risks

Advise on drafting relevant OHS Policies and review existing OHS policies to ensure currency

Advise on drafting relevant Safe Work Procedures (SWP) and review existing SWPs to ensure effectiveness

Conduct periodic reviews of an organisation's OHS management system.

Identify and review systems of reporting and investigating workplace accidents and recommendations for the prevention of reoccurrences.

Review the effectiveness of emergency planning systems in place with relevant competent persons

Identify effective methods of communication of relevant OHS information across various levels in an organisation

Identify the key OHS training, information and instruction programmes required by law ensuring compliance



This programme is for Those with a professional interest in or involved in the application of occupational health and safety at work. Therefore, participants are required to be working in the area of OHS or Management or intending to move into this field.

Approach

A practical approach is used throughout the programme. Where OHS law is introduced, it is applied to workplace situations through case studies, case law, group exercises and various activities. Participants are encouraged to share and apply their industry knowledge and experience to workplace scenarios. The programme facilitates participant discussion on the various OHS subjects as they arise throughout the course thus ensuring greater understanding and application of the subject matter.

Students get access to the new Ibec Academy portal for all material and their course schedule.

This Diploma is an ideal way to advance your skills if you hold a Certificate in OHS, have completed other training in this area of expertise or for OHS managers with a number of years' experience, who would like to gain an accredited award.

Submissions

To achieve accreditation this course is assessed by written exam and submission of assignments.

Two 3,500 – 4,500 word projects 40%

Class participation and Learning journal 10%

Exam 50%

70% attendance is required

Programme Schedule

These modules cover an overview of the current statutory requirements for employers, employees and others in the provision and maintenance of a safe and healthy workplace.

A wide range of OHS topics are covered under the umbrella of workplace hazards, associated risks and risk control measures including OHS policies, safe procedures, and other relevant interventions.

Module 1. An introduction to Occupational Health and Safety Law

OHS Law 1 – Safety, Health & Welfare at Work Act 2005 (2005 Act)

- Overview
- Layout & key sections

Module 2. OHS Law 2 – 2005 Act (cont.) Safety Health & Welfare at Work (General Application) Regulations 2007 (2007 Regs.)

- Overview
- Layout & key sections
- HSA guidance
- HSA codes of practice

Module 3. OHS Law 3 Introduction to Risk Assessment

- Hazard identification
- Assessment of risks (likelihood & severity)
- Risk rating methodologies
- Evaluation of existing risk control measures
- Identification of additional control measures to mitigate risks

Module 4. Workplace Ergonomics and assessments

This module examines workplace ergonomics & associated risks of manual handling activities

- Ergonomics key principles
- Display screen equipment (DSE)
 - DSE legislation & guidance
 - DSE policy (Remote work & In office)
 - DSE assessment (Remote work & in office)
- Manual Handling of Loads (MHL)
 - MHL legislation & guidance
 - MHL policy
 - MHL safe work procedure
 - MHL risk assessment
 - MHL case law

Programme Schedule

Module 5. Workplace Equipment, Machinery, Workplace Transport

An overview of the current legislative standards for the control of workplace transport including the use of internal transport and mechanical movement of goods.

- Workplace equipment, machinery, transport legislation, guidance & codes of practice
- Workplace equipment policy
- Workplace transport policy
- Driving for work policy
- Safe driving for work procedures & checklists
- Safe Systems of work/ permits to work

Module 6. Sensitive Risk Groups

This module covers an overview of current legislation, guidance and codes of practice. It includes written policies, assessments, safe work procedures and risk assessments of the following topics

- Lone workers
- Children and young persons at work
- Pregnant, postnatal & breastfeeding employees
- Night work & shift work
- Employees with disabilities
- Language/ literacy factors
- Older/new workers

Module 7. Occupational Health

This subject will focus on Occupational Health, an overview of current legislation, guidance and codes of practice and includes written policies, assessments, safe work procedures and risk assessments of the following topics:

- Occupational health
- Occupational dermatitis
- Occupational asthma
- Radiation

Module 8. Chemical Safety

An overview of the safe use of chemicals and potential exposure to hazardous chemical agents in the workplace from guest speaker Dr. Patricia Ennis

- Toxicology and epidemiology
- Health surveillance
- Chemical agent risk assessment
- Occupational exposure limits
- Preventing and protecting against exposure
- Carcinogens
- Personal protective equipment

Programme Schedule

Module 9. Psycho-social Hazards

An overview of work related to the new and emerging field of psychosocial hazards. This module focuses on company policy, risk assessment, early intervention proactive activities, EAP services, HSA advice and best practice for the management of risks associated with this topic.

- Psycho-social hazards
- Equality legislation
- Respect & dignity at work
- Workplace bullying
- Harassment & sexual harassment
- Work related stress
- Violence at work
- Intoxicants at work
- Wellbeing and resilience

Module 10. Physical Agents

This subject gives an overview of the hazards and risks associated with exposure to work related noise, vibration and radiation.

- Control of noise at work
- Control of vibration at work
- Electricity at work
- Radiation

Module 11. Emergency Planning

Overview of the current legislative standards for employers to plan for emergencies and situations of serious and imminent danger. It will highlight aspects of ensuring a safe and orderly evacuation, management duties, responsibilities and the need for robust plans to ensure business continuity.

- Emergency planning
- Fire safety (PEEP)
- Occupational first aid
- Accident causation, reporting and Investigation

Module 12. Construction Work and Contractors

This subject gives an overview of the current legislative standards for employers in the provision and maintenance of a safe and healthy working environment

- Construction legislation, guidance & codes of practice
- Construction work stakeholders duties
- Construction work safety management
- Contractor safety
- Duties of directors and managers
- Work at height

Programme Directors



Liz Doyle Fleming
Programme Director

Liz is an Ibec Academy trainer and an OHS practitioner. Liz has been a Chartered Member of the Institution of Occupational Safety and Health since 2005. She has worked in health & safety across a range of industry sectors and at all levels of involvement.

Liz's areas of expertise include developing OHS policy, planning systems to fulfil OHS policy, effective implementation and operation of OHS policy, measuring, auditing and reviewing performance of OHS management systems. She holds a Bachelor of Science in OSH Management (BSc OSH Management). Higher Diploma in Safety, Health and Welfare at Work (HDipSHWW). Certificate in Safety and Health at Work (Cert.SHW).



Kieran McKenna
Programme Director

Kieran holds a primary degree in Mechanical Engineering and Masters degree in both Engineering Design and Occupational Health & Safety Management. He is a Chartered Engineer and a practising environmental health and safety professional.

He has over twenty years industry experience in senior environmental health and safety management roles. Kieran has been training in the occupational health and safety programme for over 10 years and has introduced students to the concepts of health and safety management systems, risk assessment and considerations impacting their effective implementation.



Darrell Fernandes
Programme Director

Darrell, a qualified electrician and electronics service technician, is an Ibec Academy trainer with extensive knowledge in the areas of Occupational Safety and Health Management, Emergency Management, Crisis Management, Business Impact Analysis, Business Continuity Planning, Management Systems Development, Coaching and Mentoring, Facilitation and Communication Skills.

He also worked as an instructor and member of the Defence Force's Explosive Ordnance Disposal (EOD) and Chemical, Biological, Radiological and Nuclear (CBRN) incident response panel and was a regular contributing columnist for the Health and Safety Review providing expert insight and analysis regarding all aspects of Occupational Safety and Health Management.

Participant's comments

“I found all aspects of the course extremely informative and enlightening. I have gained a particular strong knowledge of OHS legislation, its interpretation and how I can apply it to the company.

Ensuring all legal requirements are being met but most importantly that we are ensuring the safety, health and wellbeing of our customers and colleagues and constantly reviewing and monitoring to ensure that we are always putting OHS at the top of the agenda.”

Stephen Taylor
Retail Store Manager
Sainsburys Argos

“I found the cpd Diploma in Occupational Health & Safety programme at Ibec Academy very useful for my business.

It had a lot of the information and details we require and I was able to put together an improvement plan by the end of the programme with regard to Health & Safety requirements”

Teodora Boamchis
Ipone

**Book this programme
visit ibecacademy.ie**

**Contact us at
ibecacademy@ibec.ie**



12 sessions

Time: 9:30 - 17:00

Cost

Member rate:

€ 3,140

Non-member rate:

€ 3,560

Programme 1

**This programme
will be run online
Time: 9:30 - 17:00**

Thu 22 Sep 2022

Thu 6 Oct 2022

Thu 20 Oct 2022

Thu 3 Nov 2022

Thu 17 Nov 2022

Thu 1 Dec 2022

Thu 9 Feb 2023

Thu 23 Feb 2023

Thu 9 Mar 2023

Thu 23 Mar 2023

Thu 6 Apr 2023

Thu 27 Apr 2023

Programme 2

**This programme
will be run online
Time: 9:30 - 17:00**

Fri 28 Oct 2022

Fri 11 Nov 2022

Fri 25 Nov 2022

Fri 9 Dec 2022

Fri 13 Jan 2023

Fri 27 Jan 2023

Fri 10 Feb 2023

Fri 24 Feb 2023

Fri 10 Mar 2023

Fri 24 Mar 2023

Fri 14 Apr 2023

Fri 28 Apr 2023

Programme 3

**This programme will be
run in person and on line
Time: 9:30 - 17:00**

Tue 1 Nov 2022 - In person

Tue 15 Nov 2022 - Online

Tue 29 Nov 2022 - Online

Tue 13 Dec 2022 - Online

Tue 17 Jan 2023 - In person

Tue 31 Jan 2023 - Online

Tue 14 Feb 2023 - Online

Tue 28 Feb 2023 - Online

Tue 14 Mar 2023 - In person

Tue 28 Mar 2023 - Online

Tue 18 Apr 2023 - Online

Tue 2 May 2023 - In person